

Mid Winters Deep Rest, Reading & Ritual Retreat

FREQUENTLY ASKED QUESTIONS

1. Where did you get the idea for this retreat?

This whole idea came one night when Andjelka was on a date with self — eating a bowl of hot chips and reading a book at a bar in South Fremantle, and said: “I wish I could go on a retreat and just read for a whole weekend”. Tiff replied, “Why don’t we create one?” VOILA.

2. How do I reserve a spot?

Please fill out the [Welcome Form](#) and specify your preferred room option — we will get back to you to secure your deep rest. We require 50% or paid in full to confirm your place and the remaining 50% is due 30 days before the start date of retreat. Your place is not confirmed until payment has been received by us. Please note that upon paying, you accept this as a non-refundable booking.

3. Is the venue and accommodation wheelchair accessible?

Unfortunately not at this stage, we are working on it for the next retreat.

4. Do you have to go to everything on the schedule?

Absolutely not. Everything is an invitation and no element of the schedule is compulsory. However, there is no discount or refund for activities you do not participate in.

5. How do I get to the retreat?

Allow a 3.5-hour drive from Perth to the Brass Moon retreat venue, just outside of Margaret River in Western Australia. Please note: this retreat venue is not accessible by public transport. We will organise a rideshare email list for attendees to coordinate lifts but it is your responsibility to organise transport to and from the retreat.

6. Can you cater for dietary allergies and intolerances?

We do — and our caterers are very adept at meeting your needs. Please notify us of food allergies and intolerances in your [Welcome Form](#); however, we cannot guarantee to cater for all combinations of allergies and intolerances and if so, our caterers will be in touch. If you require medications or pharmaceuticals (including inhalers and EpiPens) it is your responsibility to bring, maintain and administer these while you are at the retreat.

7. What will the weather be like?

It will be mid winter - most likely wet (read: cozy) and we can be surprised by mild or cooler moments. Temperatures range from 8 to 16 degrees Celsius during the day, and the evenings average from 5 to 8 degrees Celsius - perfect for a log fire.

8. Are you doing any future retreats?

Yes! We will be hosting a Springs Beginning retreat in October 2024 - if you'd like to join the waitlist, please email deepestplease@gmail.com with your interest.

9. I have more questions!

We welcome your questions, big or small - say hey at deeprestplease@gmail.com

10. Favourite condiment for hot chips?

Thank you for the question.

So, American ketchup is a must-have for that sweet tang, I can handle an Aussie tomato sauce but don't always have time for that guttural back-of-mouth flavour. Mustard is like the cousin of ketchup. It's fancy but not trying to get asked to dance at the Bridgerton ball (Colin forever). Okay, now we get to aioli land. Herbed, I see you. Garlic, when I'm not on a date (said no one ever). Mayonnaise, I don't have time for. I mean, what are you trying to be? Go back to your sandwich. Then there's the BBQ sauce buddies. SMOKED, can have my children. Honey roasted, sure, I'm open. Once in LA, I had a peach BBQ ketchup (read that twice) and I probably think about that more than my future prospects. And over to Tiff - "Just happy with any potato, hot chips are my love language. Please and thanks".

BOOKING & CANCELLATION POLICY

Please note that our deep rest retreats are limited to a small number of attendees to allow for a more personable, intimate experience, and our cancellation policy is in place to reflect this. It is your responsibility to read and understand our cancellation policy before booking.

1. No refunds will be given on any bookings. Upon paying, you accept this as a non-refundable booking.
2. Sorry, exceptions cannot be made for any reason, including weather, injury/illness, or personal emergencies.
3. 50% (or paid in full) of the balance is due to secure your place and the remaining 50% is due 30 days before the start date of retreat.
4. Your place is not confirmed until payment has been received by us.
5. Bookings are transferable to another new attendee found and assigned by the original attendee.
6. We know unexpected events do occur, so you are welcome to find someone to take your place and we are happy to transfer your booking. It is your responsibility to arrange reimbursement of payment directly with your assigned attendee.
7. It is your responsibility to coordinate the replacement attendee of your choice at least seven days prior to the start date of retreat.
8. Transfer requests less than seven days prior to the start date of retreat will not be accepted.
9. If we have to cancel the retreat due to rare circumstances beyond our control, including natural disasters in the area where our retreat is hosted, or for other unforeseen reasons, we will refund your entire payment.